

# DuneNews

Weekly Duneland School news for parents, students and teachers

December 8, 2016 Vol. 51 No. 18

## A Parent Plan for Drug Prevention (Revised)

It is our goal at Duneland School Corporation to partner with parents and our community to provide a quality education and a safe place for our students to live and learn. We strive to have ongoing and open communication with our Duneland community. It is in this line of thinking that we would like to share some serious information with you. There are concerns regarding the local supplies of illicit heroin. While heroin use is an immediate concern, any substance abuse affects quality of life. Parents are still the most powerful influence in their children's lives. It is important to us that we remind our community that the following resources are available should you or anyone you know have concerns about dealing with any substance use or abuse issues.

The following link is to a video that will assist parents in identifying the signs of drug use and suggestions on how to talk with your children about drug use and abuse entitled, *A Parent Plan for Drug Prevention*. <https://www.youtube.com/watch?v=WTqcPPXpdPo>

Below is a list of some local resources and facilities that provide both immediate or emergency intervention, long-term treatment, and recovery needs. These resources may provide support for those dealing with drug use and abuse issues as well as their families and support systems.

Frontline Foundations - Chesterton, IN  
219-728-1638  
[www.frontlinefoundations.com](http://www.frontlinefoundations.com)

Porter Starke - Valparaiso, IN  
219-531-3500

Care Counseling Services - Valparaiso, IN  
219-759-6760

Porter County Substance Abuse Council  
- Valparaiso, IN (this organization has \$5 drug  
test kits) 219-462-0946

Recovery Connection - Valparaiso, IN  
219-510-6502

Behavior Health Center - Dyer, IN  
1-800-STEP-ONE

Michiana Behavioral Health Center -  
Plymouth, IN  
1-800-795-6252

Gateway Alcohol & Drug Treatment Center -  
Chicago, IL  
877-505-4673

Rosecrance, Inc. - Rockford/Chicago, IL  
888-928-5278

Fairbanks Hospital - Indianapolis, IN  
800-225-4673

school principal. Last names A-M, please bring 1/2 dozen donuts. Last names N-Z please bring milk or juice to share. Coffee will be provided.

**Congratulations to Martha Hiestand's Westchester Intermediate 6th grade ELA Classroom of the Month.** Check it out at...

<http://sixwordmemoirs.com/about/classroom-of-the-month-mrs-hiestands-6th-grade-ela-at-westchester-intermediate-school-in-chesterton-indiana/>

## CHESTERTON HIGH SCHOOL

**The CHS annual Holiday Food Drive** has begun and will continue through Dec. 8 to benefit the Westchester Neighbors Food Pantry. Those who would like to donate are reminded that the greatest needs are for toiletries (shampoo, soap, toothpaste), baby food, main dishes, hearty soups and canned vegetables (no green beans please), fruit and meat. Cash donations are also accepted and appreciated. Just place your donated item in any classroom or give your donation to any staff member through Dec. 8. Questions can be directed to Mitch Nelson at 983-3730, ext. 7339.

## CHS College & Career Center:

**Scholarship Info:** See Mrs. Arthur in the CHS Career Center located in the Guidance Office for an application and more information.

**NFIB Young Entrepreneur Award** applications available at [www.NFIB.com/YEA](http://www.NFIB.com/YEA). Due Dec. 18

**Next Generation Hoosier Educators Scholarship** nomination forms and applications available at <http://www.learnmoreindiana.org/cost/financial-aid-and-scholarships/next-generation-teacher-scholarship/> Due Dec. 31

**2017 Profile in Courage Essay Contest** information and application is online at [www.JKFKLibrary.org/essaycontest](http://www.JKFKLibrary.org/essaycontest). Due Jan. 4

**GE-Reagan Foundation Scholarship Program** applications are available at <http://www.reaganfoundation.org/GE-RF-Scholarships.aspx> Due January 5

**Visiting Nurse Association Foundation Tricia's Scholarship** applications are available in the College & Career Center. Due Jan. 13

**Knights of Pythias Educational Assistance Scholarship** applications are available in the College & Career Center or online at <http://www.duneland.k12.in.us/Page/351> Due Jan. 25

**Anderson Foundation Scholarship** applications are available online at [www.legacy.org](http://www.legacy.org). Click on Scholarships, Apply for Scholarships, and then Legacy Common Application. Due by 5:00 pm, February, 15, 2017.

**American's Farmer Grow AG Leaders Scholarships** applications can be found online at [www.FFA.org/scholarships](http://www.FFA.org/scholarships). Due February 1, 2017.

**Jim & Betty Dye Scholarship** applications available at [www.dyescholarships.org](http://www.dyescholarships.org). Due to Mrs. Arthur by March 1

**First Trust Credit Union (2) Scholarships:** (Bachelor's Degree) and (Apprenticeship, Certification, or Associates Program) applications for both of these scholarship opportunities are available in the College & Career Center. Due March 31

**Duneland Family YMCA News:** For more information contact the YMCA at 926-4204.

**Child Care During School Holidays:** No school? No worries! The Duneland Family YMCA will once again offer childcare during

## For Your Information

**Duneland School Holiday Concerts:** Mark your calendars for these upcoming holiday concerts.

Dec. 11 CHS Band (Gym) at 3 p.m.

Dec. 12 CMS Band (Aud.) at 7 p.m.

Dec. 13 CMS Bell Choir at 7 p.m.

Dec. 14 LIS Choral Concert at 7 p.m.

Dec. 15 CMS Choir & Orchestra (Gym) at 7 p.m.

Dec. 16 CHS Choir & Orchestra (Aud.) at 7 p.m.

All of these events are at the school listed unless noted otherwise. All concerts are free and open to the public.

**Winter Recess** begins at the end of the regular school day on Tuesday, Dec. 20. All Duneland School classes will resume on Wednesday, Jan. 4, 2017.

**No Open Swim:** The Chesterton High School Pool will be closed Dec. 21 and 28 to observe the holiday break. Open swim will resume on Wednesday, Jan. 4.

**Just a Reminder:** Now that the flu season is upon us, we would like to remind you that if your student has a fever, persistent cough, or vomiting; or any other symptoms of a communicable illness, your student(s) should stay home to rest and help prevent the spread of germs. Students with a temperature of 100 degrees

or higher and who display symptoms of illness should not return to school until at least 24 hours have passed after the student has been fever-free and without the need for fever-reducing medications.

If you have any questions, contact your school nurse or visit the Duneland Health Services webpage.

**Duneland Swim Club 2016-17:** Duneland Swim Club on-site registration continues throughout the season from 3:15-3:45 p.m. on specified trial dates (listed below), at the CMS Pool. Use CMS Entrance #9. All NEW swimmers must bring a copy of their birth certificate. Swimming begins on these dates from 4-4:50 p.m. Monday through Friday and goes to the end of the remaining trial period.

Trial #6-Dec. 26; Trial #7-Jan. 16. More information at [dunelandswim.com](http://dunelandswim.com). Please Contact Coach Christy by email at [kallayfamily@comcast.net](mailto:kallayfamily@comcast.net) with any questions.

## INTERMEDIATE SCHOOLS

**Donuts with Mr. Longacre:** Westchester Intermediate School will host Donuts with Mr. Longacre on Monday, Dec. 19 for sixth grade and Tuesday, Dec. 20 for fifth grade from 7:30-8 a.m. each day. This is an opportunity for the positive male role models in students' lives to visit the school to socialize with students, other visitors, teachers, school personnel and the

school holidays from 6 a.m.-6 p.m. for children in grades K-8. When schools are closed, the Y's structured activities and child care programs help to keep children busy, engaged and learning. Kids will enjoy playing games, working on arts and crafts projects, reading, exercise/sports and more. Each child should bring a lunch and beverage. Healthy snacks will be served. Cost is \$25 per child per day and a 20% discount for siblings. To register contact Melissa Griffith 921-0183 or mgriffith@dunelandymca.org

**EXPLORING DUNELAND ::: NORTH POLE EDITION** - Registration open NOW! Packet pick-up is 12/9/2016 from 5:30pm-7pm at the Duneland Y. The cost is \$25 for the 5k (includes long sleeve shirt), \$35 for the 10k (includes long sleeve shirt), 2k non-competitive walk FREE or \$15 w/long sleeve shirt. Race shirts are guaranteed until 11/28/16. The race is family friendly event: Fun Zone and kids games will be available for runners, get your picture taken with Santa and enjoy hot chocolate after the race, Santa will be judging the best Male and Female runners costumes, overall champions and all five race series competitors will be announced and awarded prizes, giveaways & raffles for all who attend! Questions? Contact Ashley Hall at 219.926.4204 or ahall@dunelandymca.org.

**COOKIES WITH SANTA** - Start your Holiday Season off by creating a family tradition with us! There will be free cookies, coffee & hot chocolate with Santa. Donations for pictures and treats with Santa are appreciated. This event will take place right after the Exploring Duneland ::: North Pole Edition race on December 10 from 11:00am-1:00pm.

**Dune News** is a free weekly publication of Duneland Schools available online each Thursday during the school year to all students via their Family Access Message Center and on the Duneland website at [www.duneland.k12.in.us](http://www.duneland.k12.in.us).

The editor is Bridget Martinson. Information for the Dune News must be received no later than 12 Noon on Tuesdays for the following week's issue (this is more than one week in advance), and can be emailed to the editor's attention: [bridget.martinson@duneland.k12.in.us](mailto:bridget.martinson@duneland.k12.in.us)

Visit **Duneland School Corporation's** Home page and DuneNews online at <http://www.duneland.k12.in.us>

## Emergency Procedures for Delaying/Closing Schools

The Duneland School Corporation recognizes the problems students, parents and employees encounter when a question exists regarding whether or not schools will be delayed and/or cancelled. The following guidelines will be used when determining a change in the starting time for school and cancellations:

1. The school administration will make a decision to delay or cancel school by 6:00 a.m. and announce the decision over designated radio stations, online at [www.duneland.k12.in.us](http://www.duneland.k12.in.us) and through the *Skylert* calling system.
2. When a school delay is announced and inclement weather does not permit school to be in session for the remainder of the day, the school cancellation will be announced prior to 9:00 a.m. Efforts will be made to have students in school for a minimum of 3 1/2 hours for elementary/intermediate students and 4 hours

for high school/middle school students which would negate the necessity for a make-up of time lost. On days when school is delayed, the following time schedule will be in effect:

High School	9:40 a.m. - 2:45 p.m.
Middle School	9:50 a.m. - 2:55 p.m.
Intermediate	10:15 a.m. - 3:05 p.m.
Elementary	10:00 a.m. - 2:25 p.m.

3. On school days with delayed start, school lunches will follow the regular school menu and there will be no morning YCare available.

4. When limited bus routing is ordered by the administration, transportation will be available at specified pickup points. Students transported to school by parents on limited routing days are to be transported home in the afternoon by parents.

5. Please do not call the Support Services-Center or Schools for information. Listen to the following radio stations: Valparaiso: WAKE 1500 AM and Indiana 105.5 FM; Michigan City: WEFM 95.9 FM; Chesterton H.S. WDSO 88.3 FM; WGN Radio 720; WBBM Newsradio 78; Chicagoland area TV station channels 2, 5, 7, 9, 32, CLTV news. Or visit online:

[www.duneland.k12.in.us](http://www.duneland.k12.in.us)  
[www.cancellations.com](http://www.cancellations.com)  
[www.emergencyclosingcenter.com](http://www.emergencyclosingcenter.com)

# School Calendar

## Thursday, December 8, 2016

2:30 p.m.	LES PTO Mtg.-Media
4:45 p.m.	CMS 7&8 WR-Hobart
6 p.m.	CHS Girls Fr BB-Valpo-H
6 p.m.	CHS Boys Fr BB-Valpo
7 p.m.	WIS PTO Meeting

## Friday, December 9, 2016

	LIS Spirit Day
8:30 a.m.	BA Slap a Sticker on Principal
5:30/7 p.m.	CHS Girls JV/V BB-Portage
5:30/7 p.m.	CHS Boys JV/V BB-Gary Roosevelt-H

## Saturday, December 10, 2016

9 a.m.	CHS Boys JV WR Inv.-LaPorte
11 a.m.	CHS B&G V SW Inv.-Homestead

## Sunday, December 11, 2016

3 p.m.	CHS Band Holiday Concert-Gym
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## Monday, December 12, 2016

4:30 p.m.	CMS 7&8 WR-Boston
6 p.m.	CHS Girls Fr BB-M'ville
6 p.m.	CHS Boys Fr BB-M'ville-H
7 p.m.	CMS 7&8 Band Holiday Concert-Aud.

## Tuesday, December 13, 2016

2:30 p.m.	LES SIC Meeting-Media
4:30 p.m.	CMS 7 Boys BB-Fegely
4:30 p.m.	CMS 8 Boys BB-Fegely-H
5:30 p.m.	CHS Boys JV BB-E. Chicago Central
5:30 p.m.	CHS B&G V SW-Valpo-H
7 p.m.	CMS 7&8 Bell Choir Concert-Aud.
7 p.m.	CHS Boys V BB-E. Chicago Central

## Wednesday, December 14, 2016

3-5 p.m.	Corp. Holiday Open House
6:30 p.m.	CHS Boys V WR-M'ville
7 p.m.	LIS Choral Holiday Concert-Gym
7-8:45 p.m.	CHS Open Swim-Pick up at 9 p.m.

## Thursday, December 15, 2016

5:30 p.m.	CHS B&G JV SW-Valpo
5:30 p.m.	Excellence in Athletics Banquet-CHS
6 p.m.	CHS Boys Fr BB-LaPorte

7 p.m. CMS 7&8 Choir & Orchestra Holiday Concert-Gym

## Friday, December 16, 2016

	BA Box Tops & Frozen Friday-Cafe
7 p.m.	CHS Choir & Orchestra Holiday Concert-Aud.

5:30/7 p.m. CHS Girls JV/V BB-Valpo-H

## Saturday, December 17, 2016

8 a.m.	Duneland Swim Club Meet-CHS
8:30 a.m.	CMS 7&8 WR CMS Conf-H
9 a.m.	CHS Boys V WR Super Duals-Munster
11 a.m.	CHS Girls V GYM-LaPorte
1:00 p.m.	CHS Girls JV BB-Lowell
2:30 p.m.	CHS Girls JV/V BB-Lowell

## Monday, December 19, 2016

7:30-8 a.m.	WIS Gr. 6 Donuts with Mr. Longacre-Gym A
10 a.m.	CHS Boys JV BB-Tourn.-Valpo
1:15 p.m.	BA Holiday Parties
4:30/6 p.m.	CHS Girls Fr BB-K. Valley
6/7:30 p.m.	CHS Girls JV/V BB-K. Valley

## Tuesday, December 20, 2016

7:30-8 a.m.	WIS Gr. 5 Donuts with Mr. Longacre-Gym A
5:30 p.m.	CHS Boys JV BB-B. Noll-H
7 p.m.	CHS Boys V BB-Bishop Noll-H

## Wednesday, December 21, 2016

NO OPEN SWIM thru Dec. 28  
 NO SCHOOL-Winter Recess thru 1/3/17

BB=Basketball WR=Wrestling SW=Swimming  
 WG=Winter Guard B&G=Boys' & Girls'

# School Menus\*

(\*School menus are subject to change without notice)

## Elementary and Intermediate Menu

### Monday, Dec. 12, 2016

Chicken Tenders w/Ranch or BBQ Sauce, Oven Fries, Baked Beans, Apple Slices or Pears, French Toast Stick w/Syrup, Milk

### Tuesday, Dec. 13, 2016

Big Daddy's Cheese or Pepperoni Pizza, Buttered Broccoli Cuts, Peaches or Strawberry Craisins, Jello, Milk

### Wednesday, Dec. 14, 2016

Popcorn Chicken, French Fries, Green Beans, Wheat Dinner Roll, Mandarin Oranges or Rosy Apple Sauce, Milk

### Thursday, Dec. 15, 2016

Christmas Dinner: Roast Turkey, Mashed Potatoes/Gravy, Corn, Wheat Dinner Roll, Dessert, Cranberries, Milk

### Friday, Dec. 16, 2016

Cheese Bread Rippers, Buttered and Seasoned Noodles, Peas, Juice or Mixed Fruit, Milk

## Chesterton Middle School Menu

### Monday, Dec. 12, 2016

Chicken Rings, Carrots, Diced Pears, Milk

### Tuesday, Dec. 13, 2016

Nachos w/Meat, Black Beans & Corn, Nacho Cheese Cup, Grapes, Milk

### Wednesday, Dec. 14, 2016

Ravioli, Broccoli, Garlic Bread, Applesauce, Milk

### Thursday, Dec. 15, 2016

Christmas Dinner: Roasted Turkey, Mashed Potato w/Gravy, Corn, Roll, Dressing, Cookie, Milk

### Friday, Dec. 16, 2016

Bosco Sticks w/Sauce, Corn, Pineapple Tidbits, Milk

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