

# RESOURCE LIST

UPDATED 2/2018

## RESIDENTIAL ADOLESCENT TREATMENT FACILITIES MENTAL HEALTH SERVICES

### Michiana Behavioral Health Center

Plymouth, IN ages 6-19  
800-795-6252 574-936-3784

[www.michianabehavioralhealthcenter.com](http://www.michianabehavioralhealthcenter.com)

### Midwest Center for Youth & Families

Kouts, IN ages 10-20  
888-629-3471

[www.midwest-center.com](http://www.midwest-center.com)

### South Shore (girls 12-20 only)

Valparaiso, IN ages 12-20 (girls only)  
888-629-3471

[www.midwest-center.com/south-shore/](http://www.midwest-center.com/south-shore/)

### Crossroads - Child & Family Services

Fort Wayne, IN ages 6-21  
800-976-2306 260-484-4153

[www.crossroad-fwch.org](http://www.crossroad-fwch.org)

### Compass Rose Academy

Wabash, IN girls 14-19  
260-203-0010

<http://compassroseacademy.org/>

### Memorial Epworth Center

South Bend, IN  
574-675-8400

### Franciscan Behavioral Health

Dyer, IN  
800-783-7667 219-865-2141

[www.franciscanhealth.org](http://www.franciscanhealth.org)

### White's Residential & Family Services

Wabash, IN ages 12-18  
260-563-1158

<http://whiteskids.org/residential-services/path/>

### Resource Treatment Center

Indianapolis ages 10-21  
855-318-5774

<http://www.resourcetreatmentcenter.com/>

## SUBSTANCE ABUSE TREATMENT FACILITIES

### Frontline Foundations

Chesterton, IN ages 18-38 (adult)  
219-728-1638

<http://www.frontlinefoundations.com/>

### Heartland Recovery

Lowell, IN ages 18+ (adult)  
219-641-3601

<http://heartlandrecoverycenter.com/>

### Hazelden Betty Ford Foundation

Plymouth, MN adults, teen & young adult  
866-294-8442

<http://www.hazeldenbettyford.org>

### Rosecrance Addiction Services - Residential

Illinois teen & adult  
888-928-5278

### Resource Treatment Center

Indianapolis ages 11-21  
855-318-5774

<http://www.resourcetreatmentcenter.com/>

### White's Residential & Family Services

TREC program ages 14-18  
Wabash, IN  
260-563-1158

<http://whiteskids.org/residential-services/trec/>

## OTHER SUBSTANCE ABUSE SERVICES

### Intervention Specialists

877-314-8863

[www.interventionservicesinc.com](http://www.interventionservicesinc.com)

### Fresh Start Counseling - Outpatient, teen/adult

Valpo 219-548-9400

Merrillville 219-736-5990

<http://www.freshstartcounseling.org/>

### Franciscan Behavioral Health

Dyer, IN Outpatient  
800-783-7667 219-865-2141

[www.franciscanhealth.org](http://www.franciscanhealth.org)

### Porter County Substance Abuse Council

219-462-0946

Drug Testing kits \$5

### Porter County Drug Task Force

219-465-3629

Report drug use or dealing

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## FAMILY & INDIVIDUAL COUNSELING SERVICES

### Porter-Starke Services

601 Wall Street - Valparaiso, IN  
219-531-3500  
<http://www.porterstarke.org/>

### Duneland Counseling Center

215 W Indiana Avenue - Chesterton, IN  
219-921-0705  
[www.duneland-counseling.com](http://www.duneland-counseling.com)

### Z Psychology Services

303 Broadway - Chesterton, IN  
219-928-0103  
mfzphd@gmail.com

### Aspire Counseling Services

2803 Boilermaker Ct., Ste 1C - Valparaiso, IN  
219-286-7043  
[www.aspirecounselingnwi.com](http://www.aspirecounselingnwi.com)

### Choices Counseling Services

607 E. Lincolnway - Valparaiso, IN  
219-548-8727  
[www.choicescounselingservices.com](http://www.choicescounselingservices.com)

### Family Concern Counseling

2004 Valparaiso Street - Valparaiso, IN  
219-477-5646  
[www.familycounsel.org](http://www.familycounsel.org)

### Fresh Start Counseling

1552 W. Lincolnway - Valparaiso, IN  
219-548-9400

### Family & Youth Service Bureau

253 W. Lincolnway - Valparaiso, IN  
219-464-9585  
[www.fysb.org](http://www.fysb.org)

### Samaritan Counseling Center

Portage 219-762-9995  
Valparaiso 219-464-1760  
Michigan City 219-879-3283

### Life Strategies, LLC

442 Sand Creek Dr. N, St 101 - Chesterton, IN  
219-395-3272  
<https://life-strategies.net/>

### Regional Mental Health Center

Family & Youth Services, Outpatient  
Merrillville, IN  
219-392-6001

### IN Treatment

[indianatreatment.org](http://indianatreatment.org)  
219-243-0192  
indianatreatment@gmail.com

### Innovative Counseling Solutions (ICS)

8 Morgan Boulevard - Valparaiso, IN  
219-464-9495  
[www.innovativecounselingsolutionsllc.com](http://www.innovativecounselingsolutionsllc.com)

### Anxiety & OCD Behavioral Health Center

900 Ridge Road, Suite F - Munster, IN  
219-228-7630  
[www.anxietybehavioralhealth.com](http://www.anxietybehavioralhealth.com)

### PSYCHIATRISTS

Mid-America Mental Health Adolescent & adult  
Valparaiso 219-595-9494

### Porter-Starke Services

601 Wall St. Valpo  
219-531-3500  
<http://www.porterstarke.org/>  
<https://www.psychologytoday.com/us/therapists>